



NEW HAVEN PUBLIC SCHOOLS



New Haven Public Schools

Management Guideline for: Food Allergies and Glycogen Storage Disease (GSD)

Policy No: 5141.25 (a)

Parents/Legal Guardians:

- Inform the school nurse of your child's allergies prior to the opening of school or as soon as possible after a diagnosis. Complete the *NHPS Allergy Form/Care Plan (signed by your child's provider)* and provide the school nurse with a list of foods/ingredients to avoid.
- Provide the school nurse with annual updates of your child's allergy status with the *NHPS Allergy Form/Care Plan*.
- Provide the school nurse with health information from your health care provider. This includes written medical documentation, instructions and medication as directed by a physician. This may include proper authorizations for medications and emergency response protocols.

- Provide the school nurse with medication orders from the licensed provider.
- Participate in developing an Individualized Health Care Plan (IHCP) with the school nurse and school team that will accommodate the child's needs throughout the school including the classroom, cafeteria, after-school activities, and the school bus.
- Provide the school nurse with written permission to communicate with your health care provider (*Authorization for Release of Information* form).
- Provide the school with at least one or two up-to-date epinephrine auto-injectors.
- Provide the school nurse with the licensed provider's statement if the student no longer has allergies.
- Provide to the school all available phone numbers to reach you, home, cell phone, work, and preferably two emergency contact names and phone numbers in the event a parent/guardian cannot be reached.
- You may provide a non-perishable lunch to be kept at school in case your child forgets to bring lunch one day.
- Particularly at the elementary school level, you are encouraged to keep a supply of "safe" snacks in the classroom to use during classroom parties.
- Families should work directly with any before and after-care programs, before and after school programs, bus drivers or coaches as well.
- To replace medication after use or upon expiration.
- Consider providing a medical alert bracelet for your child.
- Be willing to go on your child's field trips if possible and if requested.
- Be available to determine if a food is safe for your child to eat.
- Educate your child in the self-management of their food allergy including safe and unsafe foods, strategies for avoiding exposure to unsafe foods; symptoms of allergic reactions; how and when to tell adults they may have an allergy related problem: how to read food labels (age-appropriate). Education efforts should promote self-advocacy and competence in self-care.

[NHPS Release of Confidential Information Printable](#)

[NHPS Allergy Form/Care Plan Printable](#)

911 is called whenever an EpiPen is administered